



# Do not enter the clinic if:

1

**You have ANY of the following symptoms that are new, worsening or different from your usual health:**

- fever
- cough
- chills
- unexplained fatigue
- headache
- sore throat
- runny nose
- stuffy or congested nose
- difficulty breathing
- difficulty swallowing
- loss of taste or smell
- pink eye
- muscle aches
- digestive issues:
  - nausea
  - vomiting
  - diarrhea or stomach pain

OR

2

**You have a baby or child with you who is:**

lethargic or difficult to wake up OR not eating or drinking normally



## Call the office:

Your midwife will call you back to make a plan of care



## Page your midwife if you:

Have MILD symptoms, such as a mild cough or low fever, AND need advice about what to do



## Call 911 if you:

Have SEVERE symptoms, as you would for any emergency



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